

PSHE Curriculum

Year group	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
	New Beginnings	Getting on and Falling Out	Going for Goals	Good To Be Me	Relationships	Changes
Rec	<ul style="list-style-type: none"> • New beginnings • My school community 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Gender 	<ul style="list-style-type: none"> • Going for goals • Staying Safe 	<ul style="list-style-type: none"> • Good to be me • Families 	<ul style="list-style-type: none"> • Relationships • Feeling Good • Feeling Safe 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education
Year 1	<ul style="list-style-type: none"> • New beginnings • Democracy • Global citizenship 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Keeping Safe • Healthy Eating 	<ul style="list-style-type: none"> • Going for goals • Gender • Money • Internet Safety 	<ul style="list-style-type: none"> • Good to be me • Gypsy Roma Traveller Education 	<ul style="list-style-type: none"> • Relationships • Feeling Good • Feeling Safe 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education
Year 2	<ul style="list-style-type: none"> • New beginnings • Democracy • Multicultural Britain 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Keeping Safe 	<ul style="list-style-type: none"> • Going for goals • Careers and gender • Money 	<ul style="list-style-type: none"> • Good to be me • Disability equality education 	<ul style="list-style-type: none"> • Relationships • Feeling Good • Feeling Safe 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education

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	New Beginnings	Getting on and Falling Out	Going for Goals	Good To Be Me	Relationships	Changes
Year 3	<ul style="list-style-type: none"> • New beginnings • Democracy • Global Citizenship 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Money Management • Internet Safety 	<ul style="list-style-type: none"> • Going for goals • Gender- 	<ul style="list-style-type: none"> • Good to be me • Keeping Safe • Healthy Eating 	<ul style="list-style-type: none"> • Relationships • Feeling Good Feeling Safe 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education
Year 4	<ul style="list-style-type: none"> • New beginnings • Democracy • Global Citizenship 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Internet Safety • Feeling Good Feeling Safe 	<ul style="list-style-type: none"> • Going for goals • Disability Equality Education 	<ul style="list-style-type: none"> • Good to be me • Drugs & Alcohol Education 	<ul style="list-style-type: none"> • Relationships • Money Management 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education
Year 5	<ul style="list-style-type: none"> • New beginnings • Democracy • Global Citizenship 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Money Management • Internet Safety 	<ul style="list-style-type: none"> • Going for goals • Gender 	<ul style="list-style-type: none"> • Good to be me • Drugs & Alcohol Education • First Aid Healthy Eating 	<ul style="list-style-type: none"> • Relationships • Feeling Good Feeling Safe 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education
Year 6	<ul style="list-style-type: none"> • New beginnings • Democracy • Global Citizenship 	<ul style="list-style-type: none"> • Getting on and falling out • Say no to bullying • Money Management • Internet Safety 	<ul style="list-style-type: none"> • Going for goals • Careers and aspirations • LGBT equality education 	<ul style="list-style-type: none"> • Good to be me • Drugs & Alcohol Education • Healthy Eating 	<ul style="list-style-type: none"> • Relationships • Feeling Good Feeling Safe 	<ul style="list-style-type: none"> • Changes • Health and Relationships Education