

## PE Curriculum

Games	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	Ball skills & games balls of different sizes	Throwing & catching Balls & apparatus of different sizes	Bat/Ball skills & games – skipping bats & balls of different sizes	Orienteering related games	Developing partner work skipping ropes, balls hoops	SAQ/Athletics
Y2	Throwing & catching – inventing games balls, beanbags, coits etc...	Making up a game various balls & bats	Dribbling, kicking & hitting various balls, hockey sticks	Orienteering related games	Group games & inventing rules balls, hoops, bats	SAQ/Athletics
Y3	Ball skills – invasion focus basketball/netball	Creative games making Tag games	SWIMMING	SWIMMING		
			Net/court wall games Tennis/volleyball, but throwing	Orienteering related games	Striking and fielding games rounders/cricket	SAQ/Athletics
Y4	SWIMMING	Net/court wall games Tennis (badminton) skills	Orienteering related games	Striking & fielding games rounders & cricket	SAQ/Athletics	
	Invasion games ball focussed games, but use of other implements, e.g. coits, beanbags	Problem solving & inventing games (invasion focus) various apparatus – balls, bats, skittles, etc...				
Y5	Invasion & target (ball handling) netball/ basketball	Invasion games hockey/soccer	Net/court wall games Tennis (badminton) skills	Orienteering related games	Striking & fielding games rounders & cricket	SAQ/Athletics
Y6	Invasion games (ball handling) (netball, basketball, rugby)	Invasion games (hockey & soccer)	Net/court wall games (volleyball & tennis)	Orienteering related games	Striking & fielding games rounders & cricket	SAQ/Athletics

PE Gymnastics & Dance	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	Gymnastics <b>Unit</b>	Dance <b>Unit</b>	Gymnastics <b>Unit</b>	Gymnastics <b>Unit</b>	Dance <b>Unit</b>	Gymnastics <b>Unit</b>
Y2	Gymnastics <b>Unit H</b> Parts High & Parts Low	Dance <b>Unit 1</b> The Cat	Dance <b>Unit 1</b> Balloons & Stars	Gymnastics <b>Unit J</b> Spinning, turning, twisting	Dance <b>Unit 2</b> Friends & Bubbles	Gymnastics <b>Unit I</b> Pathways, Straight, Zig Zag, Curving
Y3	Gymnastics <b>Unit L</b> Stretching, curling, arching <b>Unit M</b> Symmetry & Asymmetry	Dance <b>Unit 1</b> Who am I?	SWIMMING		SWIMMING	
			Gymnastics <b>Unit N</b> Pathways	Gymnastics <b>Unit O</b> Travelling with change of front & direction	Dance	Gymnastics
Y4	Gymnastics <b>Unit P</b> Balance	Dance <b>Links to</b> <b>Ancient Greece</b> <b>(QCA)</b>	Gymnastics <b>Unit Q</b> Receiving body weight	Gymnastics <b>Unit R</b> <b>Balance &amp;</b> <b>direction</b>	Dance <b>Unit 2</b> <b>Electricity</b>	Gymnastics <b>Unit S</b> <b>Rolling</b>
Y5	Gymnastics <b>Unit T</b> Bridges	Dance <b>Unit 4</b> Rubbish: Link with ECO schools	Gymnastics <b>Unit U</b> Flight	Dance <b>Unit 4</b> Volcanoes: link with 'changing states'	Gymnastics <b>Unit V</b> Functionl Use Of Limbs	Gymnastics <b>Unit W</b> Spinning & turning
Y6	Gymnastics <b>Unit Y</b> Synchronisation	Dance <b>Unit 1</b> The World of Sport	Gymnastics <b>Unit X</b> Matching & mirroring	Dance <b>Unit 2</b> Theseus & the Minotaur.	Gymnastics <b>Unit Z</b> Holes & Barriers	Dance <b>Unit 3</b> Rainforests